



North Bristol Advice Centre

Community support at home



A free home-visiting service offering independent information and support to older women in North Bristol

The Community Support at Home Project provides information to older and vulnerable women living in North Bristol

Helping older people to stay independent

Our team of volunteers is specially trained to visit older or vulnerable women in their own homes, to talk through each person's individual needs and provide them with tailor-made help and guidance.

Our friendly and experienced volunteers can signpost clients to the organisations and services that could enable them to live more independently at home, such as:

- > Trustworthy home repair agencies
- > Engaging with social and leisure activities
- > Information on relevant benefits
- > Information on local and community transport
- > Other support and guidance as required.



Staying safe

All our volunteers have a Criminal Records Bureau (CRB) check and have completed a full training course.

Your home visitor will call you to introduce themselves and to arrange the home visit – and they will always carry an ID card.



How to access our services

Referrals to this project can be made by a social or health worker, community nurse, family member – or you could just give us a call yourself!

**For more information contact
Lizzie on 0117 951 5751 or visit
www.northbristoladvice.org.uk**

Could you be a Community Support Volunteer?

We welcome friendly, patient people as volunteers on the project – it's extremely rewarding and you'll receive full training.

If you can commit to 3-4 hours each week during weekdays, please call Lizzie on 0117 951 5751 or visit www.northbristoladvice.org.uk





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